

Self-Care, Spirituality, and God's Loving Presence

Thursday, October 17, 2024

5pm Pacific / 6pm Mountain / 7pm Central / 8pm Eastern

The Rev. Dr. Petra van de Water-van Driel holds a Doctor of Ministry and a Master of Arts in Christian Leadership from Fuller Theological Seminary. She completed four units of CPE at Stanford Healthcare and is pursuing a two-year training program with Stillpoint to become a certified spiritual director. Petra is ordained and endorsed as a healthcare chaplain by the American Baptist Churches USA. Currently, she works as a relief chaplain at Stanford Medicine Children's Health. Petra is married to Cor, with whom she has two adult children.



Petra's Doctor of Ministry Project (dissertation) is titled The Touch and Taste of Divine Love: Embodied Contemplative Practices for Spiritual Care Practitioners in Healthcare. This project is not just an academic pursuit for Petra but a deeply personal journey. It was inspired by the 13th-century outspoken Flemish mystic Hadewijch of Antwerp, who resonates deeply with Petra. In her writings, Hadewijch's spirituality centers around a divine loving presence inherent to all human beings, experienced with body, mind, and spirit. Petra's inspiration led her to develop a curriculum of holistic contemplative practices for the self-care of chaplains and other spiritual care practitioners. The curriculum extends an invitation to a holistic perspective with a sacred consciousness of well-being and self as significant to self-care and to envision how self-care nourishes compassion for self and others relevant to personal and professional development.

Zoom Information:

Join this Zoom Meeting by clicking here:

<https://us02web.zoom.us/j/88612223788?pwd=d2VYTHlrMDVEV1ppVDhmR21jZ2t3dz09>

Or call in by phone:

Meeting ID: 886 1222 3788

Passcode: 740763

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